O2 FEBRUARY



SUN	MON	TUE	WED	THU	FRI	SAT
					Take the 5 Love Languages test online. Talk about the results with your partner.	2
3	4 Personal Practice	5 Resolution Work	Do something for your partner in line with their #1 love language.	7 Dance with your partner in your living room.	8 Take care of a chore or responsibility for your partner.	9
10	11 Personal Practice	12 Resolution Work	Tell your partner 5 specific things you love about them.	14 Thank your partner for something specific they have done that day.	Go on a meaningful date with your significant other.	16
17	18 Personal Practice	19 Resolution Work	20 Write a love letter to your partner.	Mindfully embrace your partner for at least 30 seconds.	22 Do a puzzle or play a game with your partner.	23
24	25 Personal Practice	26 Resolution Work	Instigate a hot makeout session with your partner.	28 Go on a walk with your partner.		